



# OUTLOOK

## HESLINGTON CHURCH

### NEWSLETTER

#### Mobile Library Visits on Badger Hill

on Tuesdays 10th and 24th September  
at Yarburgh Way near shops 11.10am-  
11.40am

#### in Heslington

on Tuesdays 3rd and 17th September  
at Heslington Court 11.50am-12.05pm  
at Memorial Cottages 12.10pm-12.30pm  
at Peel Close 12.35pm-12.55pm

#### Heslington Village Venues for Hire

Church and Meeting Rooms

Tel: Church Office 01904 412300

Village Meeting Room

Tel: R Lonsborough 01904 413322

Holmefield Centre

Tel: Mike Emmans-Dean 01904 415261

The Outgang Pavilion

Tel: Sally Brabyn 01904 870981

#### Mothers' Union

We start September with Corporate Communion on Wednesday 4th at 9.30 am. On Tuesday 10th we are invited to join in Deanery Fellowship at 2.15pm at St. Aidans Church, Acomb. The speaker at our meeting on Thursday 19th at 7.30pm is Elizabeth Hardcastle from the Yorkshire Wildlife Trust talking on Living Church Yards. You are very welcome to come along and join us. Sue Garnett

#### Heslington Church Youth Group

Join us for an evening of fun and games every fortnight at Heslington Church. It is free and is open to anyone aged 11-18. Further information from David ([david.lindley@gmail.com](mailto:david.lindley@gmail.com))

#### Illegal Parking

To report illegal parking telephone 0800-1381119. You will be asked for the registration number, make, colour and location of the vehicle.

#### FFH(YORK) - Fishergate, Fulford and Heslington Local History Group

Please visit our website <http://ffhyork.weebly.com>

#### Badger Hill Residents' Community Group (BHRCG)

The website has recently been updated and some new information of much use to residents added.

<http://www.badger-hill-residents.org/>

To be added to our emailing list for occasional updates simply contact [badgerhill.rcg@gmail.com](mailto:badgerhill.rcg@gmail.com)

#### Outlook Contributions

Please send signed contributions with contact details to the editor Elisa Main by email to [elisamain@yahoo.co.uk](mailto:elisamain@yahoo.co.uk) or in writing to 66 Yarburgh Way, Badger Hill, York YO10 5HG. The deadline for the next Outlook edition is 7th September 2013. If you'd like to receive Outlook by email simply let me know.

Dear Friends,

When I was at school I remember one of my teachers who was also one of my sports coaches saying repeatedly, "Pick a course and stick to it!". He meant for us to show a mixture and measure of determination, self-discipline and focus.

I'm sitting at home at my desk, managing two email accounts while listening to the final Ashes Test and with my thoughts flying away into yesterday and tomorrow and an hour's time while I decide how to continue this piece.

I heard it said recently that we have access and are exposed to as much information in a day as a medieval resident would have received in their lifetime. Their lifetime may have been shorter on average, but it's a staggering thought, and I often wonder at the implications of having the world at our fingertips at the time and place of our choosing.

I find I work best with one or two things in view, and I'm also nicer to be around when life isn't coming at me from lots of directions. The seduction of a smartphone and wifi and an on demand culture persists though. I am as vulnerable to choosing to leave the present moment as anyone else.

Psychologists, counsellors and therapists, religious wisdom traditions and theologians often say the same thing. The present moment is the only moment that is real, or the only moment in which I am consciously present and can make decisions and experience my experiences. This is where life is happening, this is where I am, this is where it is possible to encounter myself, another person, even God. Some would call that "mindfulness", others "contemplation", others "centering" and yet more definitions and descriptions exist I'm sure. I call it essential, and I wish I was better at it.

I've just spent a week camping at Gordale Scar with my children. No electricity, no phone signal, just rain and sunshine, rocks and rivers, and this moment and then this one and the next and the next. How do I bring the value of that simplicity into all that I do as I finish typing, I wonder? Perhaps you wonder the same thing for yourself in the moment you're in as you read this piece.

I agree with those who call that "a course worth sticking to", a cornerstone of personal and spiritual growth, however we might frame the question.

Regards, Rory

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**Heslington Church** is a partnership between the Church of England and the Methodist Church together with the Roman Catholic Chaplaincy to the University of York. Our congregation is an eclectic mix of ages, backgrounds and nationalities. See our website [www.heslingtonchurch.org.uk](http://www.heslingtonchurch.org.uk) for more information. All are welcome

Church Office 01904 412300  
(Tuesdays & Thursdays 10am–12 noon)  
email: [heslington.church@hotmail.co.uk](mailto:heslington.church@hotmail.co.uk)

Johannes Nobel 01904 870814  
Anglican Vicar

Rory Dalgliesh 01904 414398  
Methodist Minister & University Chaplain

### **The Carmelite Friar Community**

at More House serve the University and local Hospital as Catholic Chaplains. During term-time Weekday Mass is celebrated regularly in More House Chapel and on Sunday (for members of the University community) on campus. Fr Tony Lester  
Contact - [antony.lester@york.ac.uk](mailto:antony.lester@york.ac.uk)

### **York Elim**

York Elim meets every Sunday, 10.30am, at Archbishop Holgate's school for an upbeat gathering for lively worship, an engaging talk, coffee and a chat! There is Sunday School for the kids and a growing youth meeting at the same time as the talk for the adults.

### **Taizé**

Taizé services are held regularly at More House, Heslington. All Welcome. For further information please contact Annemarieke de Bruin  
[Annemarieke.deBruin@york.ac.uk](mailto:Annemarieke.deBruin@york.ac.uk)

## **Services at Heslington Church All Are Welcome**

### **Sunday 1st September**

10.00am Service of the Word and Children's Club followed by a Bring & Share Lunch  
2.00pm Korean Language Service

### **Wednesday 3rd September**

9.30am Mothers' Union Corporate Communion

### **Sunday 8th September**

10.00am Holy Communion and Children's Club  
2.00pm Korean Language Service

### **Sunday 15th September**

10.00am All Age Worship preceded by Breakfast at 9.30am  
2.00pm Korean Language Service

### **Sunday 22nd September**

10.00am Holy Communion and Children's Club  
2.00pm Korean Language Service

### **Sunday 29th September**

10.00am Morning Service with prayers for healing and Children's Club  
2.00pm Korean Language Service

### **Every Thursday**

9.15am Holy Communion (said)

### **From the Parish Registers**

**Weddings** - We offer our congratulations and all good wishes for their future to  
20/7/13 Aga Serugo-Lugo and Malinee Wanduragala  
27/7/13 Ian Maskery and Sarah Cowin  
10/08/13 Philip Dean and Clare Stabler  
17/08/13 Joseph Clements and Caroline Silman  
24/08/13 Rory Dalgliesh and Rebecca Weinkauff

**Baptism** - We welcome into the church family  
04/08/13 Jessica Elizabeth Horsfall

### **BIGGEST COFFEE MORNING**

It's soon Macmillan time again! Friday, 27th September at Heslington Village Meeting Room, 9.30am-12.30pm. We will have all our usual treats - cakes, preserves, cards and raffle - all to raise funds for Macmillan Support's wonderful work. Please come! Luta Hutchinson, Kathleen Percy.

### **Heslington Flower Lovers' Guild**

Heslington Flower Lovers' Guild. We recommence our programme on Tuesday 10th September at 7.30pm in Heslington Village Meeting Room with an evening of Harvest Crafts. Anyone interested is welcome to join us.  
Kathleen Pepper

### **Heslington Sportsfield - Potato in a bucket competition.**

This year's competition raised a very useful £203 to help with the playground maintenance. Eighteen buckets were brought to the weigh-in. The winner was Pat Marshall with an amazing weight of 9lb 2oz of potatoes which were bursting out of the bucket. Second place was last year's winner – Ifan Williams with 4lb 4oz. Many thanks to the forty entrants and others who made donations. Bill McClean

### **Badgerhill & Heslington Ladies Lifeboat Guild.**

Saturday 7th September we are collecting in York. There is also a WELLIE WALK in the city to raise money for the wellingtons the lifeboatmen wear if you would like to join the walk please check with the RNLI website under events. Anne Wilson

### **Heslington Men's Group**

To provide a future option, members of Heslington Men's Group may wish to attend the 'Heworth Retired Men's Forum' at Heworth Community Centre on Stray Road/Algarth Road. First meeting is at 9.45am on Tuesday 10th September (talk entitled 'Scarlet Women' by Barbara Weatherill) and then fortnightly. Please contact David Guy (412340) for further details.

### **Yorkshire Countrywomen's Association**

Our next meeting will be on Wednesday 11th September at 7.30pm in Heslington Village Meeting Room. New members most welcome. Maureen White

### **Christian Meditation Group**

A Christian meditation group will be meeting weekly in the Church library, starting on Friday 11th October at 10:30am with refreshments, then a short teaching on meditation by John Main, followed by a period of meditation. If you are interested in finding out more, contact Anne French at [annejrench@hotmail.co.uk](mailto:annejrench@hotmail.co.uk)

### **Harvest Fair**

Saturday 12th October, 1pm-6pm  
Harvest Fair in aid of Heslington Church in and around the church  
Games  
Harvest High Tea  
Arts and Crafts Stall  
Bric-a-brac Stall  
Cake Stall  
Children's Activities  
Evening Entertainment  
Harvest Food Collection for Carecent  
Jan Nobel